

10 GOOD REASONS TO CHOOSE OUR HOME CARE FOR A LOVED ONE

Fact: Older adults prefer home care over comparable institutional care. There is nothing like the comfort and familiarity of being cared for in the comfort and familiarity of one's own home. ***Why choose home care?***

- 1. Home care helps seniors maintain their independence.*** Home care allows seniors to continue to live in the place they function best – their home.
- 2. Home care prevents or puts off institutional life.*** Living in a long-term care facility is unfamiliar and can often be intimidating.
- 3. Home care helps promote healing and is safer.*** Medical evidence shows that people recover more quickly at home. There is no secret that people pick up infections and other complications when they live amid a chronically ill population (such as in a hospital or long-term care facility).
- 4. Home care means personalized care.*** Care becomes a one-to-one proposition in the home. You get this nowhere else.
- 5. Home care reduces the stress that often accompanies illness.*** Illness increases anxiety and stress, but it's not nearly as great when care is practiced in the home.
- 6. Home care is delivered by a special group of people.*** People don't work in this industry for the money. They do it for the emotional satisfaction of helping others and for making a difference in people's lives.
- 7. Home care extends life.*** Studies by nursing schools and government agencies have found that home care extends life. Longevity is increased for those who can remain at home.
- 8. Home care improves one's quality of life.*** For most people, the quality of their life is far better at home than anywhere else.
- 9. Home care is often less expensive than other forms of care.*** The cost of home care can be less expensive than hospitalization and is almost always more affordable than nursing home or assisted living care.
- 10. Technology will make home care even more desirable in the future.*** Medical and technological advances will soon make it possible to diagnose, monitor and treat illness at a distance. This will help make home care even more of a preferred option.



--Deb Brandmeyer, Owner Caregivers Today, LLC

Home care helps keep families together!